**Health**

**D’Marcus McMillan**

**2022-2023**

**Course Description and Objectives**

This is the continuing course, in a sequence of courses, designed to provide students with a rigorous program of study in High School Health. Students will understand various health concepts, including disease prevention; STD/Pregnancy prevention, Alcohol & Drug use; physical fitness and nutrition; family living, mental health; First Aid/CPR, Environmental Health; Community Health; and Health Careers.

**Textbooks**

Prentice Hall Health

Choosing The Best Journey

**Unit/Concept Names**

Unit 1 Components of Health

Unit 2 Setting Goals/Making Good Decisions

Unit 3 Physical Wellness/Nutrition

Unit 4 Mental Health/Emotional Wellness

Unit 5 Alcohol/Drug use

Unit 6 Healthy Relationships

Unit 7 First Aid/CPR

Unit 8 Juvenile Justice System

Unit 9 Rules of the Road

Unit 10 Vocational Health

**Major Course Projects and Instructional Activities**

At least one project will be assigned each grading period. This will be an extension or enrichment of the concepts discussed. Students will have 1 to 3 weeks to complete each project depending on the complexity of the task. Some tasks and/or projects will be completed in class.

**Course Assessment Plan**

Students will receive a variety of assignments designed to enhance their learning. If a student is absent, the student is responsible for the missed assignment. Students who have an excused absence will be allowed five days to turn in the missed assignment. No work will be accepted after five days.

**Evaluation (Schoolwide Grading Policy)**

* *Minor Grades* = 60% (quizzes, labs, and other graded assignments to assess certain standards in a

unit of study)

* *Major Grade*s = 40% (unit tests, essays, research papers, project-based assignments, and other culminating assessments to measure mastery of standards that comprise a unit of study)

**Classroom Procedures & Expectations**

The overarching expectation in this class is RESPECT: respect for yourself, respect for other students, respect for the teacher/or any individual in authority, and respect for any guests that may enter our class. Although this encompasses all other expectations, I will outline several others for the sake of clarity.

1. Always TRY YOUR BEST!!! I will not settle for anything but your best!!
2. Have the “I can do it” attitude! Stick To It and Don’t Give Up!
3. Remain SEATED and PREPARED at all times.
4. Bring ALL materials to class DAILY.
5. Every student is responsible for helping to maintain a clean, safe learning environment. Your area must remain CLEAN at all times. The floor should be clear of trash, paper, and personal belongings.
6. Adhere to all policies, rules, and regulations outlined in the student handbook, and Laney High School’s Norms.

**Course Materials**

\* Notebook to keep class notes

\* Pencils/Pens

\* Highlighters (optional)

\* Loose Leaf Paper

\* Coloring Utensils (Coloring pencils/Markers)

Donations appreciated for the following (optional):

\* Hand Sanitizer \*Kleenex \* Disinfectant Wipes \*Paper Towels

**Modes of Communication:**

Email: mcmildm@boe.richmond.k12.ga.us

Remind messages: Feel free to email me anytime regarding grades, attendance, behavior or any other questions or concerns!

To sign up for class reminders, please visit:  
[Your](https://www.remind.com/join/brittmath7) REMIND Information here